



Scoil Antoine Naofa

December 2019

Scoil AntoNews

Message from the Principal

A Cháirde,

Nollaig Shona daoibh go léir.

As Christmas approaches and the excitement continues to build in St. Anthony's BNS, could I take this opportunity to congratulate and thank all the hardworking staff for their dedication, commitment, professionalism and for the care they show the boys each day. Could I thank you the parents for all your co-operation, support and love for your children, and to the amazing pupils for the joy, good-humour, mischief and contributions you make to our school.

Throughout the month of December you have reminded us all of the true meaning of Christmas which is to remember those less fortunate than ourselves. The kindness, generosity and spirit of St. Francis of Assisi is alive and well in our school. Over the past number of weeks and months, the pupils have raised much needed funds for Penny Dinners, Brú Columbanus, Mercy Heroes, Cork Simon Community, Cappagh Kids and St. Vincent de Paul. Thank you boys, many families living in our locality will now have a better Christmas because of your generosity.

The sound of Christmas music and song have echoed around the school and beautiful art work adorning the walls have contributed greatly to the positive Christmas atmosphere.

I want to say a special thank you and congratulations to our Junior Infants who have brought much happiness, laughter, smiles and energy to St. Anthony's BNS over the past four months under the direction of their amazing teachers and SNAs.

Finally, could I thank our former Board of Management for all their hardwork and dedication over the last four years and could I wish our new Board of Management every success as they begin their new journey.

On behalf of the Board of Management, school staff and Parent's Association, I would like to thank everybody who supported the work of the school in anyway throughout 2019. Míle Buiochas!

As I walked around the school corridors last week, I heard a lovely poem 'Coinneal na Nollag', which has a lovely traditional Christmas message.

"Lasfaidh mé coinneal na Nollag, Is cuirfidh mé í san fhuinneog, Ag fáiltiú roimh Mhuire is an leanbh, A rugadh sa stábla fadó.

As we prepare for the birth of Jesus, could I wish you and all your family a very happy, holy and restful Christmas and every good wish for the new year.

Nollaig shona daoibh go léir agus guím gach rath oraibh don athbhliain.

Seán Lyons

Conker Tournament

The Annual Conker Competition took place in October this year. The boys in 5th class and 6th class took part in it. The boys from 5th played against each other until there was an overall winner. This was Cormac O'Connor. While the boys in 6th played against each other until there was an overall winner in 6th. This was Michael Haly. Cormac and Michael then played against each other. It was a great final game with Michael taking the crown this year. Overall we think that this year was as much a success as past years. It's a great event for the boys and for the school and we hope that everyone in 5th and 6th class take part in it next year. By Michael Haly and Cormac O'Connor



Weaving Well-Being

THE MORE YOU WEAVE...
THE BETTER YOU FEEL!

The Health Promoting School's Initiative has been replaced by a requirement by the Department of Education and Skills, that all schools develop a Well-being Policy and Practice Framework by 2023.

In recent years St. Anthony's HPS committee and school community have engaged in many well-being practices. The newly established well-being committee will continue to promote and embed these well-being practices as good school culture and norms.

Student committees – Green Schools, Active Schools and Healthy Heroes committee facilitate student voice and raise awareness of environmental issues and promote good physical and mental health. In the new year the committee hopes to create two sensory/movement break corridors as well as painting the buddy benches in yard to support inclusion and develop positive play experiences. Yard Buddies from 3rd class up support the junior classes on a weekly basis with lots of fun basketball and soccer penalties.

The S.P.H.E. curriculum support well-being practices in schools. The Weaving Well-being programme is taught in 2nd – 6th class as part of the S.P.H.E. Curriculum where children are given the opportunity to weave positivity into their lives through a range of activities in a variety of areas, resilience skills, mindfulness and developing self-efficacy through empowering beliefs. Junior Infants are piloting the 'Bigí go Breá', S.P.H.E. programme with animated stories, music, games, meditation, breathing exercises and creative well-being art.

'Mindfulness Friday', continues on the first Friday of every month where classes are encouraged to complete a mindfulness or relaxing activity. Movement breaks are undertaken at 10am and noon daily which support learning. WOW- Walk on Wednesday through the Japanese Gardens is encouraged weather permitting.

St. Anthony's Healthy Eating Policy supports and promotes good healthy diets and lifestyle. Children are encouraged to drink water or milk. Pupils have made a VOW to bring a vegetable on Wednesday. One small treat is allowed on a Friday. This year Healthy Eating week will be facilitated by staff.

Morning Riddles in the staffroom continue to prove challenging, engaging and fun! Early morning yoga with Hazel is enjoyed by staff members and will continue in the New Year. The Parents Association held a staff appreciation day where staff were treated to refreshments in a beautifully decorated staff room.

St. Anthony's school continues to maintain links with past-pupils, parents and the local community who support health and well-being practices by lending their time and expertise in a variety of disciplines – health, science, sport, music, and art.

Please continue to support well-being practices in St. Anthony's School.

Bí Folláin!

Well-being Committee 2019/2020



Recent achievements

Some of our pupils and also past pupils recently achieved outstanding results in various competitions.

Well done to Michael Trant, 6th class on winning the International Irish Open in Karate and the Irish Nationals in Karate.

Congratulations to past pupil Patrick Campbell who, with the rest of the Cork Minor Team won the All-Ireland Minor Football Final in September.

Well done to all the past pupils on the Nemo Senior Football team who recently won their 17th Munster Senior Club Championship.

Congratulations to all the past pupils from Blackrock Hurling Club who visited the school with the 3 cups that were won, the Senior Hurling League, Intermediate County Championship and Intermediate League.



Match Mascot

The match was Ireland v's Denmark. It was Ireland's last group stage match in the Euro 2020 qualifiers. My family went with me and we travelled by train to go to Dublin to the Aviva. I was very

lucky, I got a role as mascot. I didn't know if it would be for the Irish team or the Danish team. I looked at the stadium for the first time ever in real life and I said "Wow, it is amazing". The crowds were really big and a lot of people was cheering for Ireland. A lady collected me and gave me a Danish kit to put on - I then thought I was going to be a mascot for Denmark. However I was then told I would be standing with the Irish Team and with Darren Randolph. I was so thrilled. I was really excited and when I met him I asked him how many Irish caps does he have and how many man of the match awards did he get? He asked me who did I think was going to win. I said "Ireland of course" and then it was time to go out onto the pitch. The band started playing the presidential salute. I then met President Higgins and shook his hand. Afterwards we were taken back to our parents and cheered on Ireland. It was a brilliant game and Ireland got a draw. My favourite player Darren Randolph played really well. By Brian Lynch age 9



Green Schools

Thursday, 9th May, 2019, Ireland became the second country in the world to declare a climate emergency. We need to act now to slow down the damage being done before we reach 'tipping-point'. St. Anthony's are taking strong steps this term to do whatever we can. We have set up an environmental committee of staff members who are passionate about reducing our carbon footprint. Our reliable green school committee boys are working so hard to do likewise, sometimes even giving up their yard time to complete environmental duties. Thank you to these boys.

We have informed pupils and staff about the damage caused by tinfoil and cling film and these items are no longer welcome in lunchboxes in our school. Furthermore, our boys and staff no longer bring single use plastic bottles to school.

We have 'simplified' the recycling bins, many of which had been contaminated and now only clean, dry paper and cardboard is put in these bins. Uneaten lunch is taken home to be consumed later or composted. A compost bin has been introduced to the staff room and, this term, the waste leaving our school for landfill has halved while the recycling has increased dramatically.

Moreover, many boys have really embraced the concept of finding more sustainable modes of transport to get to school. Here is a fine example of their grasp of the material being explored as we work towards our Travel Flag. Thank you to all who took part in our Green Code Competition.

We have talked the talk...now let's walk the walk!

Have a Happy 'waste-free' Christmas



Sciath na Scol Final



On Friday the 8th of November St Anthony's BNS played Gaelscoil Uí Riordáin in the F1 Sciath na Scol football final in Pairc Uí Rinn.

The boys met in the gym with the coaches early in the morning for a quick team talk. After that they set off for the stadium. The boys put on their gear for the challenge ahead. When they jogged out onto the pitch they were greeted by a tremendous roar from the supporters. They knew it was going to be a battle.

In the first few minutes Ballincollig got a couple of early scores but Anthony's responded with a goal that brought the crowd to their feet. Anthony's went into half time with a 2 point advantage. An early goal at the start of the second half gave Ballincollig the edge on the score board. Anthony's reacted in fine style by getting 3 unanswered points to take the lead for the second time in the match. Unfortunately Ballincollig came back with a goal and a couple of points. It was an intense finish but Ballincollig came out on top in the end. At the end of the day Anthony's battled hard and went down fighting. Congratulations to Gaelscoil Uí Riordáin on their first F1 victory.

We would like to thank our coaches Mr. French, Mr Barry, Mr. Lucey and Mr. Moylan for all their help and guidance. We had fantastic support down there as well and the whole team really appreciated this.

Final score: St. Anthony's 1:05 – 2:06 Gaelscoil Uí Riordáin By Leo Murray and David Callanan



Painting at Douglas Community Park

In late November, six boys from Mr French's 6th class, Mrs England and parent and artist Gráinne

Quinn went down to Douglas Park to paint a Christmas mural. We went down at around 9:20. Half of the boys went down in a squad car with a Garda. We started sketching out the outlines with chalk. When we were done we started painting. The scene is a snowy village, with a big Christmas tree in the middle and carol singers. We also painting a living room ready for Christmas with a fireplace, stockings and another Christmas tree. We finished at 1:30 with just enough time to add a snowman. We all had a great day out, we had lots of fun and it was a great experience. Written by Andrew Quinn and Seán O'Reilly



Munster Minor Schools Swimming 2019

On October 7th 2019 around 20 boys went up to the UL sports arena for the Munster Minor Schools Gala 2019. The boys participating were from 3rd class all the way up to 6th class. When the boys arrived at the UL sports arena they started their warm up at around 1:30pm. The gala began at 2:30pm. The individual swimmers did very well and won many gold, silver and bronze medals. It was a long day in UL until the relays began. At around 4 o'clock we were given a short break before they got the relays in the water shortly after.

The first St. Anthony's to swim was the 4x50m freestyle senior team consisting of Thomas Bugler Mrs O'Sullivan's 4th class, Pierce Hanley Mr French's 6th class, Sean Semchiy Ms Allen's 4th class and David O'Leary Mr Barry's 5th class and Pheilim Hanley Mr. Hogan O'Connell 5th class was a sub for the team. The team did extremely well in this relay and won a gold medal in their first relay event. The next relay team in the water consisted of Daire Power, Declan Walsh, Ciarán Galvin and Charlie Canty. This team also did extremely well and won a bronze medal. The next relay for both teams, although not against each other because of their different age groups, was the 4x50m medley. Both relay teams did extremely well and with the senior team winning another gold medal. Both teams will now take part in the All Irelands in February. By David O'Leary and Kevin McCarthy 5th Class.



Science Week 2019

Intel Mini Scientist Fair

Our school recently held the Intel Mini-Scientist Fair in the hall. We first had to hold a school competition which was between the 5th classes. We then held the regional final which was between schools from all over Cork and Munster. It was a great event with lots of different projects submitted.

Our project was on the eco-friendly floating homes. We started with a model which helped us to win the schools competition. We then expanded this for the regional final. The judges were very nice to use. Rory did the powerpoint while James worked on the model. The project was about trying to help the homeless people, slow down global warming and we found that it is much cheaper because it is made out of renewable and recycled objects.

Coley started making his model from cork someone had thrown out by accident. Then Coley made a plastic model out of a lampshade. Unfortunately we did not qualify for Ireland this year.

We had a great time doing the project. We learned that it was a great experience and people should keep coming up with these fantastic inventions.

Many thanks to our teacher Mr. Moylan for all his support and help with the projects. By James Randle, Rory Cahill and Colman Shanley 5th class Mr. Moylan



Coley started making his model from cork someone had thrown out by accident. Then Coley made a plastic model out of a lampshade. Unfortunately we did not qualify for Ireland this year.



6th Class Trip to Janssen

On Tuesday the 19th of November Ms Fahy's 6th class went on a trip to Janssen to celebrate Science week and International Men's Day. We were very lucky as Janssen organised the bus pick up for us and everything. Upon arrival we were greeted by Cliona Culligan, Maeve Cahill, Liz McAvooy and a number of staff. We took a group picture and we were then directed to a room where there was going to be some speakers.

Gary Frost spoke to us about the technical side of the site and Ken Howick spoke to us about the chemical side of Janssen. They spoke to us about the different routes they took in college and about their careers since. We then went on to complete an experiment on how different medicine effects your body.

Afterwards they handed out lab coats and glasses for safety reasons as we were going on a tour of the plant. On the tour we went to a warehouse where the equipment and products are stored. As well we saw the machines working away in the factory.

Last but most definitely not least we went to the cafeteria where every boy was given a fizzy drink, crisps and a bar of chocolate. We were also gifted a bag with a highlighter and a pop socket. We then headed back to school. It was a great trip but we were all exhausted afterwards. By Jamie Culluigan and Sam McAuliffe 6th class.



Science Quiz Team

At half six on Tuesday 19TH of November St Anthony's sent two quiz teams to U.C.C. for the lifetime lab primary science quiz 2019. There was a fifth class team and a fourth class team unfortunately neither won in their categories or overall but both teams tried their best and did well. The standard of the quiz was very high. The teams that one both the overall and the categories thoroughly deserved it. There were eight rounds with eight questions each and a tie breaker with three questions. The first few rounds were easy enough but they steadily grew in difficulty. It ended at roughly nine O'clock.



Here is a sample of some of the questions,

1. How many eyes does a bee have?
2. How many species of bumble bee are there in Ireland?
3. What is the 11th element in the periodic table?
4. What liquid is CH₃COOH?
5. What is the name of the first dog in space?

1. 5, 2. 21, 3. Sodium, 4. Acetic Acid, 5. Laika

Sciath na Scol Sports Quiz

On 10th Dec, St Anthony's had two teams taking part in the Annual Sciath na Scoil sports quiz. We had two teams taking part with 4 boys on each team. On one team there was Michael Trant, ted Connolly, Oscar McCarthy and Alex Lyons. On the other team there was Leo Murray, Michael Haly, Andrew Quinn and me! We were selected for the teams by taking part in a quiz and play offs at school.

The team that I was on came 1st in the competition and the other team came 3rd out of 70+ teams overall. This was the best result St Anthony's ever had in the quiz. By Michael Sheehan 6th class

The questions we had to answer were varied across all sports. Here are some of the questions:

1. Who captained Dublin to their 5 All Ireland's in a row?
2. How many players in an ice hockey team?
3. In darts, what's the line that you stand behind to throw called?
4. Who's the all time Premier League top scorer?

On 10th Dec, St Anthony's had two



1. Steven Cluxton
2. 6
3. The oche
4. Alan Shearer

Credit Union Quiz

St. Anthony's recently attend the annual schools Cork Credit Union Quiz. It was held in Rochestown Park this year. There were some very tough questions but we really enjoyed ourselves. Unfortunately we were unsuccessful in our bid for 1st place this year but we did manage to come third. Many thanks to Mr. Murphy who helped to train us for this quiz.

By Seán O Flaherty, Bobby O'Sullivan, Sung O'Flynn and Seán Aherne 5th class.

Here are some of the questions that we were asked.

1. What is the name of the desk in the President of America's office?
2. Beginning with v, what name is given to an animal with a backbone?
3. Who wrote the ballet Swan Lake?
4. Playing the part of Knuckles McGinty, which Irish actor appears in Paddington 2?
5. Traditionally, would an optimist see the glass as being half-full or half-empty?

1. The Resolute Desk
2. Vertebræ
3. Tchaikovsky
4. Brendan Gleeson
5. Half Full



4th class trip to UCC

We all came into school excited for the big day. We were heading to UCC. Eventually the buses arrived and we got going. When we got there we were given a guide and he gave us a tour around UCC. We learned lots like you can't walk through the quad until you have graduated and about the President's Garden where the students couldn't go. We also learned about the statue of Queen Victoria that was hidden in case the students might blow it up.

After that we had our lunch and then we went back to the entrance to look at the old house. This house is similar to what you would have lived in during famine times. Before we left we tried on some graduation robes and took pictures with them. It was a great day for 4th class and there will definitely be some students going to UCC in future years.



Lord Mayor's Visit

On the 23rd of October, St. Anthony's were delighted to welcome Lord Mayor Councillor John Sheehan & Lady Mayoress to the school. We presented him with a Shane Brick hurley, a St. Anthony's Hat & a copy of the school anthem. The Lord Mayor presented the school with a framed photo of the two Lord Mayors who started the fantastic tradition of visiting schools. Terence MacSwiney and Tomás MacCurtain. By Dan O'Leary 6th class



Parents' Association: Creating Memories

Parent's Association – Creating Memories!

It was a term of "firsts" at the Parents' Association with two new projects, new project leads and new PA officers. Our first RSA Week, led by Aoife Ronan and her team out in rain and shine reminding us to be safe.

We ran our first ever St. Anthony's Christmas Cards project. Wonderful artwork created by 1st class and 6th classes were turned into beautiful cards and on Day 1 we had 219 sales.

By eliminating our RED NOTES and communicating entirely "digitally" this year, we have reduced our carbon footprint by 6,000+ sheets of paper.

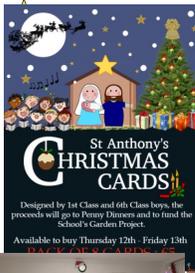
Familiar projects returned with new leads and volunteers, including Junior Infants Coffee morning, PA AGM, Pre-Loved Uniform Sale and the Staff Appreciation Morning where our new Project Lead Lisa McCarthy provided the staff with luxury breakfast treats.

New Head Elf Annette Manning is busy preparing for a familiar, returning face to step into his Santa Suit once again and visit our Junior and Senior Infants next week.

We had a 15% increase in income from Voluntary Contributions and pre-loved Uniform Sales this year and our Giving Tree project had more gifts donate for SVDP than ever before. Thank you all for your generosity.

Thank you to our former Chairperson, Elaine Murphy and Treasurer, Denise Mulcahy, who passed on the baton in September. Our new officer team, together with our dedicated class reps and willing volunteers will continue to support the school with a welcome smile, creativity, enthusiasm and fun.

We wish you and your families a peaceful Christmas. See you in the New Year, with more fun and exciting projects including our Book Fair in 2020.
Your PA Officers - Margaret, Alvin and Jennifer



Some photos of the year so far.....



Christmas Time

