

April 2019

Scoil Antoine Naofa

St. Anthony's BNS

Scoil AntoNews

Message from the Principal

Dia daoibh a Cháirde,

Céad Míle Fáilte go dtí eagrán na Cásca de 'Scoil AntoNews'. St. Anthony's BNS continues to be a vibrant, active, happy, busy place and I hope that this Easter edition will give you a flavour of some of the numerous fun activities and diverse learning opportunities that our school community have been involved in over the last number of months.

Bain taitneamh as an léigh.

I wish to express my sincere gratitude to you the parents and especially The Parents' Association for all the time and effort you voluntarily give to all our school activities, most notably the Five star Confirmation Reception in the school hall and the wonderful, beneficial and educational Healthy Eating Week. Could I also thank the PA for funding the inclusive and colourful new mural in the schoolyard, which was kindly designed by parent Gráinne Quinn. Míle Buiochas daoibh go léir.

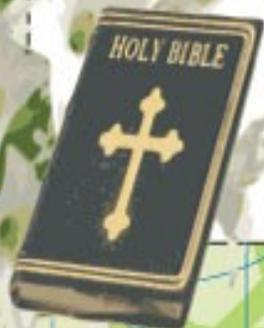
I would again like to thank all the staff for their continued dedication, hardwork and for the wonderful daily learning opportunities they provide for all the pupils. The pupils of St. Anthony's BNS continue to amaze me with their energy, enthusiasm and good humour. I congratulate you on all your vast achievements, initiatives and attempts to succeed to date. Congratulations to the 6th Class boys who received the Sacrament of Confirmation on Thursday 21st March from Bishop John Buckley. This was a beautiful, spiritual, musical and meaningful ceremony and it was clearly evident the vast amount of work and commitment that went into preparing for this Ceremony from both teachers and pupils.

As a school, we always strive to provide the best Teaching & Learning opportunities for all students. We are currently reflecting on Gaeilge with a focus on Teanga ó bhéil and are using the School Self Evaluation process to carry out this review. With this in mind could I encourage all parents to familiarise themselves with the 'Frásaí na Seachtaine' which are displayed each week in the Gaeilge noticeboard in the main corridor. Bain triail as na cúpla focail.

Finally, have a very Happy Easter as we remember and celebrate the Resurrection of Jesus on Easter Sunday. and I hope that you all get an Easter egg or two.

Beannachtaí na Cásca oraibh go léir.

Seán Lyons



Credit Union Quiz

Ballinlough Credit Union Quiz

1. Do you know what letter comes between W and R on a standard keyboard?
2. Do you know what country's capital city is Lima?

These are two questions for this year's Ballinlough Credit Union Quiz. On Sunday 3rd of February, 16 students from St. Anthony's went to Blackrock Hurling Club to compete in the Credit Union Quiz. St. Anthony's had four teams competing. All St. Anthony's teams did very well. We were victorious in both the Under 11's and Under 13's competitions. We were delighted and surprised as some tricky questions were asked. For example: 'What famous golfer's first names are Eldrick Tont?' The winning teams progressed to the regional finals in March and competed very well. Our 4th Class Team qualified for the National Finals in Dublin in April. We'd like to thank Mr. Murphy who helped all the teams prepare for the quiz..

By Sam Hernan and Bobby O'Sullivan, 6th class and 4th class.

Credit Union Schools Quiz

On Sunday the 10th of March, 4 boys from 4th class and 4 boys from 6th class went to the Rochestown Park Hotel to compete in the Credit Union Schools Quiz. The 4th class had 10 round of questions and the 6th class had 12 rounds of questions. Both classes did extremely well. The 6th class team came 3rd and the 4th class team came 2nd in the tiebreaker. Many thanks to all the teachers and all the boys for their support! By Bobby O'Sullivan and Sean O'Flaherty 4th class.

Some more questions asked

3. One of the Wright Brothers is Orville Wright what is the other brother's name?
4. Roald Dahl's book 'James and the Giant Peach' was published in what year?
5. What gun did the US Army use in 1903? Hint: The Simpsons

1. E 2. Peru 3. Wilbur Wright 4. 1961 5. The Springfield



Recent achievements

Some of our pupils recently achieved outstanding results in various competitions.

Here at St. Anthony's there is quite a number of boys with Unbroken Attendance. Congratulations to all those who received certificates this year.

Well Done to Doan Hammond and his sister Kajal who learned to operate a powerboat and drove all the way from Blackrock to the Port of Cork. Doan was driving the Safety Boat for the Cork Dragons.

Congratulations and Well Done to John Cashman, 6th class, who competed in the All-Ireland Athletic Competition in Athlone. He won gold in the 60m sprint as well as gold in the hurdles. He also now holds the Irish Record in the hurdles at 8.82secs.

Well Done to the swimming team who competed in the recent All Ireland Competition.



4th Class Cycling

For the past 7 weeks 4th class have taken part in a cycling programme. We learned how to cycle with Cycling Ireland. We learned safety skills like bike check, clothes check, condition check and helmet check. We learned all the meanings of the road signs, this was helpful because we know what to do on the road. Another important thing we learned was how to pass a parked car safely because it could be dangerous if the car started moving off if the door opened.

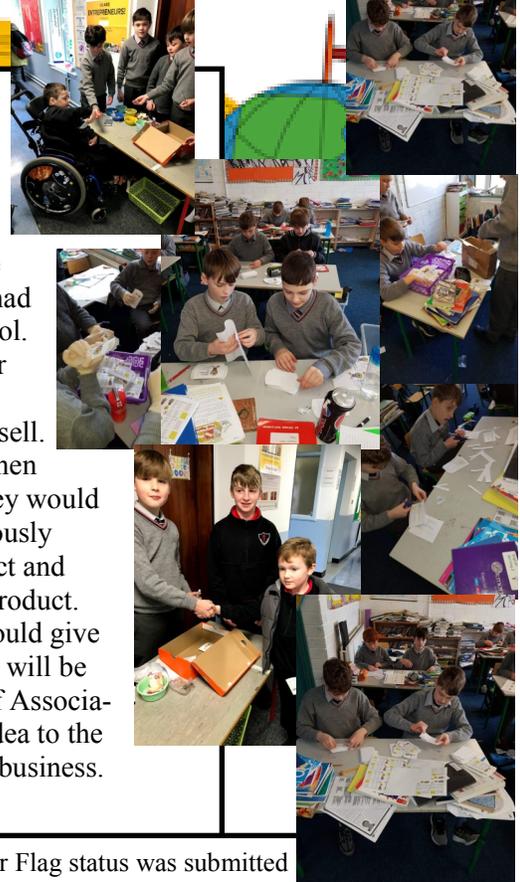
For the first 6 weeks we cycled in the yard and then we cycled around Ballinlough. We really enjoyed learning how to cycle with Cycling Ireland. By Jack O'Mahony and Ronan Hennessey





For the past year Ms. Fahy's 6th class have been working on the Junior Entrepreneur Programme. Through the JEP curriculum, games and learning aids, pupils get a clear picture of what creating a business is all about. We were visited by 3 business owners; Vicki Halpin, John O'Flynn and Alan O'Connor. They spoke to us about business and we learned a lot from them. As part of the programme the boys had to create a viable business product that could be sold in school. To help choose our product we held a Dragon's Den with Mr Ryan, Ms Fahy and Mr. Conor Yelland in the Dragon's seat. Mama-G's Sting Solution Kit was chosen as our product to sell. We then had to make our product and sell it in school. We then presented our product to the Parents' Association, hoping they would provide us with a loan to help start our business. They graciously agreed to give us €150 to get us started. We made our product and marketed it in the school. On the 14th of March we sold out product. The Parents' Association agreed that if we made a profit we could give all our funds to a charity of our choosing. We made €350. We will be presenting this to 'Cork Counselling Services' and 'Irish Deaf Association'. We are hoping to go to the RDS in May to present our idea to the JEP. We would like to thank all those who helped us with our business.

6th class Ms Fahy



hi Healthy Ireland
HealthPromotingSchools
Scoileanna Cothaithe Sláinte

This term our application for the Amber Flag status was submitted to Pieta House. The initiative recognises the individual efforts of primary schools to create healthy, inclusive environments that support mental well-being. St. Anthony's fulfilled the four goals to support the applica-

tion. The promotion of staff well-being and positive mental health with staff yoga, daily inspirational quotes in the staff room, luxury toiletries, raising awareness of a healthy mind platter and staff random acts of kindness. The Weaving Well-being programme was implemented successfully from 2nd -6th class. There were lots of class and school activities to promote positive emotions- mindfulness Friday, yoga, good value steps in the corridor, words of wisdom to lift you up, rainbow moments, gratitude garden, zones of regulation, compliments wall, stand tall wall and a display promoting the importance of giving your presence. School yard buddies where senior students were paired with junior classes supported play and inclusion as well as developing leadership skills. The infant classes decided to fill a jar of marbles each marble representing a positive yard interaction. The new yard Mural 'Be Yourself' sends out a positive message to the school community. On April 4th, we held a Mental Health Awareness Day and fundraiser for Pieta House to mark International day of happiness. Staff and students came to school wearing a favourite or happy top. Every student posted a happy thought which were displayed in class groups as a large emoji face!



Healthy Eating week was organised this year by the Parents' Association. The theme was 'Eat a Rainbow, How many colours can you eat today?'. The event was action packed with lots of fun educational activities which were enjoyed by the boys. The infants really enjoyed the Eat a Rainbow colouring competition where they learnt to identify colourful fruit and vegetables on the rainbow. On Tuesday, it was fruit kebab demonstrations in the classroom with parents assisting. The infant boys really enjoyed the morning treat of fresh fruit. All classes received fruit on arrival prepared by staff and served by real live fruit and veg! On Wednesday, dentists Colm O'Neill and Shane from Ardfallen Dental gave a presentation to classes at assembly while 6th class had a visit from the nutritionist at O'Sullivan's Pharmacy who spoke about the importance of hydration. Thursday was movement day with parents lending expertise, yoga with Hazel, Robbie from Fitness-worx, Declan Wolfe stage school and past pupil Vince from Vipr and Tone. To conclude the week there was a Farmers Market in the gym where pupils examined stalls of healthy food options and engaged in activities and games which were greatly enjoyed. Thanks to the Parents' Association for organizing this fantastic week and creating many memories.



We also welcomed back past pupils Niall and Rory Scannell, Munster and Ireland rugby stars who got a rapturous reception from the boys.



Chess



On Tuesday the 4th of February the St. Anthony's Chess team went to a chess tournament in Blackrock Hurling club. There were 8 players on each team and 3 different age groups which were: The Futures (1st and 2nd class), the Budding Masters (3rd and 4th class) and the Masters (5th and 6th class, St. Anthony's had 13 teams.

The scoring system was simple, if you win a match you get 1 point, 0 points for a loss and 0.5 for a draw.

We were in the eldest age group The Masters and every opponent I came across was tough challenge, and when I spoke to my teammates they seemed to face a similar challenge. It was a great experience and Blackrock's facilities were amazing. They supplies 70 chess boards with every piece, seats and tables for all of us and they didn't charge anything for the use.

Both The Futures and the Masters were won by St. Anthony's. Many thanks to the teachers who helped us.

By Dave Coughlan and Cormac Byrne 6th class



Green School's News



Travel Flag

Our travel survey revealed that while almost 70% of our boys would prefer to walk, cycle or scoot to school, only 25% actually do so and though only 7% prefer to come by car, 47% of our boys are driven to school. The remaining



28% park and stride or take a bus. Taking this information into account and while also being mindful of the distance that some boys are travelling to school, we thought it a good idea to arrange more 'park and strides'. This initiative has become very popular and the boys seem to enjoy beginning their day with a stroll through the park. Our biggest 'park and stride' to date was held on 20th March with 170 participants. Let's try to beat that figure on 1st May.

Apart from the obvious health benefits of walking at least part of the way to school, having less cars at the school gate also improves the quality of the air our children breathe. Along with 30 other Irish primary schools, our green school committee are participating in the Globe Program whereby the boys attached Nitrogen Dioxide diffusion tubes at various locations around the school to gather important traffic-related air-pollution data. While we await these results, we continue with our own surveys of how many cars carry only one child to school or how many drivers allow the engines to idle for longer than 10 seconds when dropping off children - 50%! Details of the 'idling awareness campaign' currently being run in the school will reach all homes in the coming days and we're confident that this figure will be drastically reduced by the time we resurvey.

Well done to Ms. Wickham's 1st class who have dramatically reduced the amount of tinfoil and cling film used to wrap their lunches and who are currently conducting a litter survey. Also, well done to Cormac Hogan in Ms Foley's 4th class who gathers the plastic wrappers from his classmates and brings them to his after schools club where it is posted to Terracycle who turn it into plastic bricks.



Basketball

Basketball Tournament

On the 5th of February 12 boys went to Neptune Stadium to play in a basketball tournament. Firstly we played Blarney at 9.15am and we won. Then we had to wait a while for our next game which was at 10.45am. We were winning our second game until the last second when Scoil Barra Naofa scored a beautiful swish. Then there was a lot more waiting. Finally we played our next game against Crosshaven and we won.

We had another game immediately after which was against Youghal and we won. We then met the other team in the semi-final and we lost. We all stayed to watch the final of the other St. Anthony's team who won the final. We all had a great time.

By Donagh Leahy and Barry Collins 6th class



Mayfield Garda Basketball Blitz

On Friday the 18th of January the school basketball team went up to Neptune to play in the Mayfield Garda Basketball Blitz. When we arrived we got into our kits and went to warm up in the practise area. In our first match we beat Padre Pio 38-3. We had a small snack after that game and then we watched Beaumont versus St. Columbus. Beaumont won. Then we played our second game against Scoil Íosagáin. We won 29-0. It was a game we played with real intensity and vigour. Shortly after we had lunch and the Garda Síochána gave us chocolate and jellies. This was greatly appreciated by the whole team. After about half an hour later we played the final against Beaumont. After some hard work and brilliant baskets we beat them 27-2. Afterwards we were awarded with the cup which was received by our captain Adam Sheehy. We really enjoyed the tournament and we hope that next year's team will win as well. Many thanks to our coaches and teachers, By Joe Lyons and Sean Denn 6th class

Lifetime Lab

On Thursday 28th of March 3rd class went to the Lifetime Lab. In the first room we went to we learned about water pressure

and how objects can float and some can't. Then we were split into two groups.

One group started with the experiments and the other learned about marine life.

We conducted experiments like 'What sinks and What floats?', 'Making a tornado

in a bottle' and 'Water pressure'. We also looked at a dolphins skull, a whales back bone and some fossils. We also went downstairs and saw some fish tanks. We saw a spotted dog fish, a black ray and a starfish. We had a really great day!! By 3rd class Ms Heffernan.



Vex Robotics 2019

On Thursday February 14th Mr. HOC's 5th class went to the VEX IQ Robotics National Finals in C.I.T. An early start

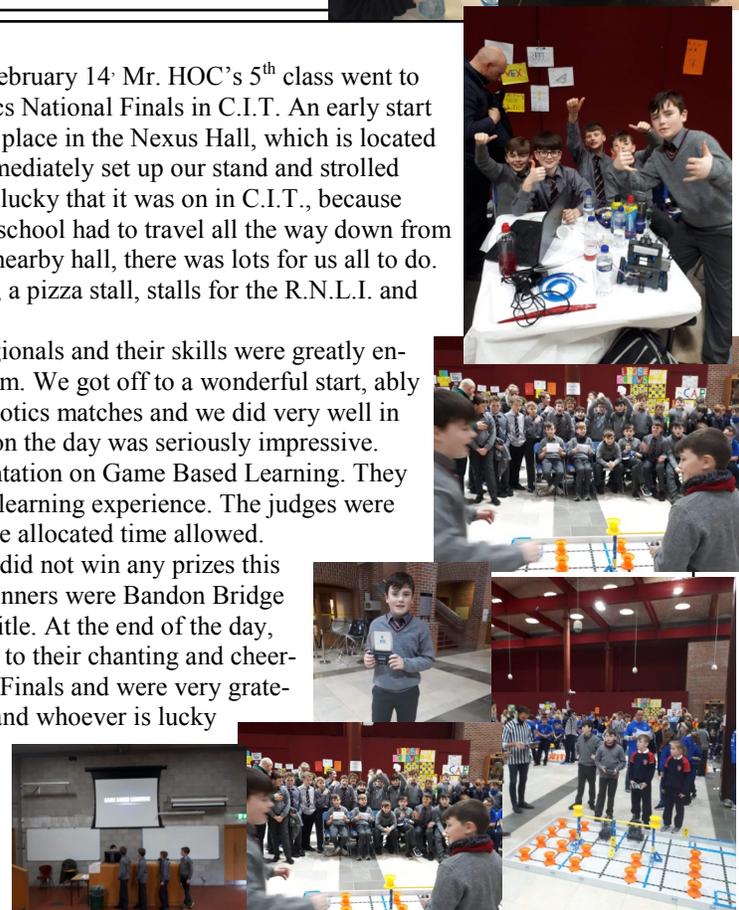
meant we left the school by bus at 8.15am. The main event took place in the Nexus Hall, which is located right in the centre of the campus. When we arrived at C.I.T. we immediately set up our stand and strolled around looking at all of the other schools' displays. We were very lucky that it was on in C.I.T., because some schools had to travel from Limerick and Dublin, and another school had to travel all the way down from Donegal! The facilities on the day were just wonderful. In another nearby hall, there was lots for us all to do. There was a face-painting stand, a café, a coffee/hot chocolate stall, a pizza stall, stalls for the R.N.L.I. and the R.S.A. and there was even a bouncy castle there too!

Our drivers had worked very hard since we qualified out of the Regionals and their skills were greatly enhanced by the time the business end of the day began at around 11am. We got off to a wonderful start, ably supported by a very loud and energetic crowd. In all we had six robotics matches and we did very well in all of them, though the quality of some of the other schools robots on the day was seriously impressive.

Our S.T.E.M. Research Project Team gave another excellent presentation on Game Based Learning. They explained how making learning fun in school improves our overall learning experience. The judges were very impressed with our project – even if we did go slightly over the allocated time allowed.

Before long, it was time for the winners to be announced. Alas, we did not win any prizes this time round, but we certainly gave it our best shot. The deserving winners were Bandon Bridge School (BB Robotics) and everyone agreed that they deserved the title. At the end of the day, we were all very tired, and some boys had little or no voice left due to their chanting and cheering throughout the day. We were thrilled to make it to the National Finals and were very grateful for the opportunity to compete there. All of us had a great day, and whoever is lucky enough to do this next year will thoroughly enjoy it too.

Michael Haly, Pierce Hanley, Tom Hickey and Dara O'Sullivan
Mr. HOC's 5th Class



Mini-Scientist Competition

Last October in school, we were told about the Mini Scientist

Competition which 5th and 6th class could participate in. Our team consisted of; Carter, Jacob, Kaspar and James. We decided we would do a project on earthquakes and replicate an earthquake with a shake-table, and showing the effects of a tuned mass damper to prevent the building falling. We had a booklet and some information posters and some posters about the shake-table.

On the day the judges came and inspected our project. They came and carefully judged each project, taking their time to see everything and judge the projects. It was so tense at the end when they announced the winners.

Everybody who participated got a prize bag with a Fidget Toy, Light and more. The time

finally came for them to announce 1st and 2nd place. 2nd place went to Darragh with his project about 'Extracting Kiwi Fruit DNA' and 1st was our project about Earthquakes. As a result of winning our school event, we were not through to the Regional Final.

The Regional final was on in St. Anthony's so we didn't have to travel far!! This time, there were 8 projects, so the judges inspected the projects, spending more time on each one than the last round. We improved our project, adding a seismograph to measure the frequency of our shake-table's waves. After judging, we had light refreshments and then gathered for the judging. 2 projects would win and get into the Grand Final. We won, as well as a project about Algae!

The Grand Final was in Maynooth University, Kildare on the 4th of March. We set up and the judging began. There were about 25 judges, so you didn't get much of an interval between judges as there were 32 projects. Some judges focused on your projects booklet, some on your knowledge about your project. After about 2 hours of judging, we went into another room and got cupcakes and cookies. Then we went back into the project room for the

announcing of the winners. We didn't win overall but we still had a great time. The winners had a project called Micro-Bit Moisture Monitor, which measure moisture in the soil. We had a great time and would really encourage everyone to take part next year.

By Jacob Crowley, James Cotter, Carter Cooling, Caspar Kiisler, 5th class Mr Moylan

Engineering Week

On the 5th of March St. Anthony's

celebrated Engineer's Week. Engineers from CIT visited the school to teach us about light energy. We learned how to bend a straight light beam in different directions. We used mirrors, a prism and a laser. They told us that the speed of light can travel the world 8 times. By Koushik and Sung 4th class Mrs Duane.

Anna and Nicole from the UCC Engineering Department visited the Senior Infants. They learned about components and circuits as well as using circuits for sensors.

On the 7th of March, Ms Allen's 4th class went to the RDS for the ESB Science Blast. The boys went to Dublin by train. We met at the Kent Station in

ESB Science Blast

Cork at 6.15am and arrived into Heuston Dublin at 8.00am. Then we were transported to the RDS by bus. When we arrived we had to put the project on the stand and then we went to a show called 'Gastronaut', which was presented by a Youtuber. It was kind of disgusting because the experiments were all unpleasant. The boys took turns presenting their project which was titled 'Which Washing Detergent Removes Stains Most Effectively'. Our conclusion was Persil Bio Powder was most effective. We were given 30 minutes to look at other projects. There were some very interesting stands with VR headsets and we went to another show called 'The Physics of Break Dancing and 'Space Rap'. The boys had a great day up in Dublin. By Sam Canton and David O'Leary 4th class Ms Allen





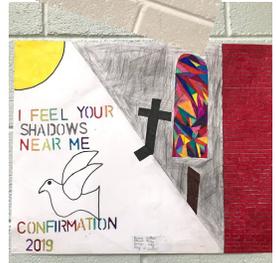
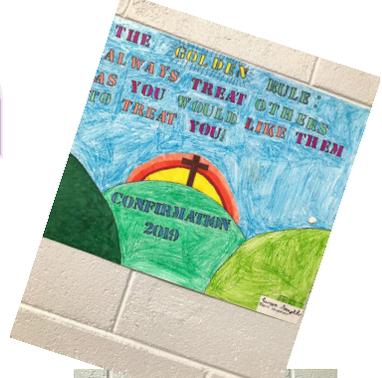
Confirmation

On the 21st of March 2019 the boys of St. Anthony's made their Confirmation. At 10 o'clock all the boys were seated, with their sponsors behind them at Our Lady of Lourdes Church, Ballinlough. The ceremony started at 10.30. All the boys sang the first hymn beautifully and it was called 'We Will Praise You'. It was a lovely ceremony and all the boys and their families really enjoyed it.

After the ceremony everyone went back to the school hall for refreshments organised by the Parents' Association. The hall was transformed, decorated with our Confirmation Art and there were red and black balloons. Everyone enjoyed the tea, coffee and nice treats.

After that all the boys went to their various restaurants and homes for their meals. Then the boys met their family and friends.

It was a great occasion and all the boys really enjoyed it. We would like to thank all those who helped make it such a special occasion, our teachers, Mr French, Mr O'Leary, Mrs O'Callaghan, Ms Fahy and our music coordinator, Mrs. McCarthy who helped make the ceremony so memorable. We would also like to thank the Parents' Association for the great refreshments they organised in the hall after the ceremony. 6th class Mrs O'Callaghan



Parents' Association: Creating Memories

★ ★ ★ ★ ★ The Parents' Association were delighted to welcome our biggest number of guests for the 6th Class Confirmation Reception on March 21st. In a PA first, we had plenty of "manpower" to help us set up the hall, while teams of mums prepared a "Sweet Buffet" feast. Thank you to all the volunteers and bakers/ donators who made this event a huge success. A special thank you Linda Scanlan for the boys' individualised cupcakes and to Izabella Sikora for the showstopping bible cake which certainly wowed our guests on arrival.



★ ★ ★ ★ ★ With no time to rest, it was straight onto Healthy Eating Week for our PA Reps, who bravely dressed up in fruit and vegetable themed costumes for the occasion. Thank you to all our sponsors, guests and volunteers who provided a wealth of advice on healthy teeth, keeping hydrated and incorporating movement into our days. We finished the week with a Farmer's Market where we unveiled St. Anthony's favourite fruits and vegetables and the St. Anthony's Healthy Eating Menu. Next up will be Communion Reception preparations for our 2nd Class Boys on May 11th.



Your Voluntary Contributions make all these events possible, as well as enabling us fund initiatives including the new school yard mural, designed by Grainne Quinn, and funding Ms. Fahy's 6th Class MAMA Gs Sting Solution Enterprise.

If you would like any more information about our PA, please keep an eye on our new PA Information Board outside the staff room or email us at stanthonypa@gmail.com

