



Scoil Antoine Naofa

December 2018

Scoil AntoNews

Message from the Principal

A Cháirde,

Nollaig Shona daoibh go léir.

As we reflect on an exciting, busy and enjoyable 2018, could I take this opportunity to thank you the parents for your support and cooperation, the dedicated, caring and hardworking staff and the boys for making 2018 such a memorable year.

The walls are adorned with colourful Christmas art and all our wishing stars with our dreams and aspirations brightly shine in the main corridor. The sound of song, music and laughter reverberates around the school as the boys of all classes prepare diligently and enthusiastically for the Christmas Mass, plays and concerts where we remember and celebrate the birth of Jesus Christ.

St. Francis of Assisi said, " For it is in giving that we receive". The Christmas spirit of giving is truly alive and well in St. Anthony's BNS. Over the past number of months our boys have raised much needed funds and items for St. Vincent De Paul, The Mercy Heroes, Marymount and The Irish Cancer Society. Well done boys, your generosity and willingness to think of others less fortunate has been both heart-warming and inspirational.

A special congratulations to our Junior Infants, you have brought much joy, happiness and smiles to St. Anthony's under the guidance and love of your amazing teachers and SNAs over the past four months.

On behalf of the Board of Management, school staff and Parent's Association, I would like to thank everybody who supported the work of the school in anyway throughout 2018. Could I wish you and your family a very happy, holy, healthy and restful Christmas and every good wish for the New Year.

Nollaig Shona daoibh go léir agus guím gach rath oraibh don athbhliain.

Seán Lyons.



Conker Tournament



The Annual St. Anthony's Conker Competition was held in the school in October. The first couple of matches were played against your classmates. If you came out of your class matches you started playing the other conker players from the other classes. In the final of the 6th class I played against Seán Daly. It was a tight match, but I scraped through. I became the 6th class champion while Michael Scott became the 5th class champion. In the overall final, the 5th class champion played against the 6th class champion. It was a very tough game with Michael Scott being a very worthy champion, but luckily enough I just about won. It was a great tournament. We all really enjoyed taking part in it. Many thanks to Mr Hogan O'Connell and Ms Fahy for organising it. By Jimmy Harte, 6th class



Health Promoting Schools Scoileanna Cothaithe Sláinte

This year the Health Promoting School committee is focusing on promoting positive mental health in the school community and hope to achieve an Amber Flag for St. Anthony's. The HPS committee will focus on promoting staff well-being, developing positive emotions in the classroom and making yard a fun and happy experience.

Staff well-being is being fostered by daily inspirational thoughts and quotes in the staffroom. HPS committee members have completed 'Secret Muggings' where recognition in the form of a mug of goodies is left for a staff member who exhibits positivity and fosters well-being in others. Kris Kringle has been organised again this year which always generates goodwill and kindness. Teacher Appreciation Day was a lovely treat organised by the Parents' Association in October. The staff are looking forward to more staff walks and team building activities in the spring.

In the classroom, the Weaving Well-being programme has been implemented from 2nd-6th class last term. It is underpinned by the concept that a state of well-being is not simply the absence of the negative but the presence of the positive. It has empowered children to weave positivity into their daily lives through a range of activities over ten lessons. Mindfulness Friday continues on the first Friday of each month where all classes partake in some mindfulness practice, relaxing colouring, music and yoga. Children are encouraged to be present, relax and to appreciate quiet time. Movement and brain breaks are encouraged throughout the school day. These breaks help children stay focused and attend. They can energize or relax and support learning. A Kindness Calendar is on display on the HPS notice board. Children are asked to visit the calendar daily and complete the kind deeds as we count down to Christmas.

Yard buddies continue to promote an Active School and foster well being and inclusivity on yard. Senior classes have been paired with junior classes to organise games and skills. These activities generate fun and develop leadership and responsibility among students in the senior classes. Walk on Wednesday will continue in the park in the spring.

Next April the Parents' Association will organise Healthy Eating week which will be supported by staff. Teacher surveys completed with classes in June reveal that most students eat a balanced healthy lunch. Students are encouraged throughout the school day to drink water and have a fruit-veg break. A treat which should be fun size is only permitted on Friday.

St. Anthony's HPS Committee continue to promote and support positive mental health and well-being initiatives in the school community.

Bí Folláin!



Recent achievements

Some of our pupils recently achieved outstanding results in various competitions.



Well done to past pupil **Conor Yelland**, Mr French's class 2018, who represented St. Anthony's and Cork in Croke Park. Conor played with the Cumann na mBunscoile during half time of the All Ireland Football Semi-Final.

Well Done to **Dan O'Leary** 5th class who competed in the National Men's Artistic Finals in Gymnastics. He won gold for Pommel, Vault, and his team event. He also won silver for Floor, Rings and Bar.



Well done to **Michael Trant**, 5th class, who won gold in the Junior National Karate Competition. He is now the U12 National Champion.

Congratulations to the St. Michael's Minor County Football Champions who visited the school on the 4th of December. We are extremely proud of the **11 past pupils** on the team.



Congratulations to **Daniel Lovasz** who was awarded the Most Distinguished Student in the Junior Cycle Department of String Studies in the School of Music.

Best of luck to **Carter Cooling**, 5th class, who is representing Ireland in the U14 Ice Hockey International competition in Slovakia.



Green Schools - 4th Flag - Travel Flag

Over the next two years, we will be working together towards our fourth green flag, the travel flag. We will also continue to work on the first three themes of litter, energy and water. The main aim of this theme is to increase the number of students walking, cycling, scooting, using public transport, carpooling or doing 'park and stride' to school.

Our travel officer Lisa O' Grady who visited the school in October and November was most impressed by the level of environmental awareness and knowledge amongst our boys. She recorded how each boy from 1st to 6th usually travels to school and her results will form the baseline for our work over the coming months.

Those who live too far away to walk or scoot to school can participate by carpooling or doing 'park and stride'. We organised our first 'park and stride' recently for 1st class and all who participated enjoyed starting their day with a pleasant stroll through the park. After the Christmas holidays, we will invite the 1st and 2nd classes to join us in our next 'park and stride' event (details to follow).

Also after Christmas, the green school committee boys will be conducting a 'walkability audit' in the immediate vicinity of the school to determine whether the safety of our children could be improved by any additional road signage, footpaths or markings. The boys will then write to Cork City Council to share their findings with them.

If you have any suggestions for how to increase the numbers of families who travel to school in an environmentally friendly way, please pass on your ideas to your class Paper Policeman, Energy Eagle, Water Warden or to the Committee boy responsible for your class.

Thank you for your cooperation.



Sciath na Scol Final



It was a dull, damp, wet Wednesday morning as the players were getting their gear bags ready for the big match against Riverstown. We met at 9 o'clock so Mr. French could give us the last few instructions at the gym before we headed for the final. Shortly after, we set off towards Páirc Uí Rinn.

We arrived at the red gate ready for the games. Our teachers followed after us. We entered the dressing room and got our boots and jerseys on. Mr French called out the team and Mr O'Sullivan the former Principal came to wish us luck.

We went out onto the pitch with the crowd roaring. We were all fired up for the hard battle that lay ahead. After our warm up our names were called out which was followed by another loud cheer from the crowd. We got into a team huddle and then we took our positions on the pitch. The game was on.

It was an interesting first half as Riverstown scored the first goal to go ahead. This was followed shortly by a goal from Seán Denn and a point from Jimmy Harte. Riverstown responded with a point but James O'Leary answered it with a goal. The half time score was 2:3 to 1:1. The second half began with a Riverstown goal but two more goals from O'Leary and Denn and a point from Jamie O'Brien settled the match for St. Anthony's.

The final score was 4:7 to 3:2. We were presented with the Sciath na Scol and the Brother Canisius trophy. After the match we went to McDonalds to celebrate. Finally we would like to give a special word of thanks to our coaches Mr. French, Mr. Moylan, Mr. Lucey and Mr Lyons from all the squad. By James O'Leary and Seán Denn 6th Class



Science Week 2018

Intel Mini Scientist Fair

On the 9th of November the 5th and 6th classes went down to the school hall to present the science projects they had been working on for the past 2 months. Here is a bit about the day.

The hall had about 12 tables spread around it, and about 2 or 3 projects were displayed on each table. There was a total of around 25 projects on display. The projects were set up at 10.40am for the judges who arrived at 11.00. The judges were all from Intel and they were looking for promising science projects. The judges went around all the tables and studied each project carefully, asking each group what their project was about and what they learned from the project.

Here are a just a few examples of the many projects: Gravity, Earthquakes, Volcanoes, Pressure and even something as unusual as Extracting Kiwi Fruit DNA. We were in the hall for about one and a half hours while the judges studied our projects. We went back to the classroom for an hour and we were called back to hear the final results.

Everyone who participated received a prize bag with a light, fidget cube, Frisbee and certificate. 1st place was the project on Earthquakes and 2nd place was Extracting DNA from a Kiwi Fruit. 1st and 2nd place received a prize bag with a Wikipedia board game, a Jenga set and a chemistry set. We all really enjoyed the day and we hope everyone else did too.

The following week all the experiments were put on display for the rest of the school to look and learn from.

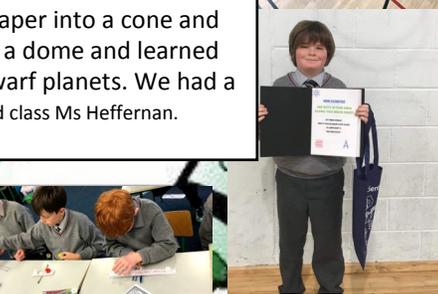
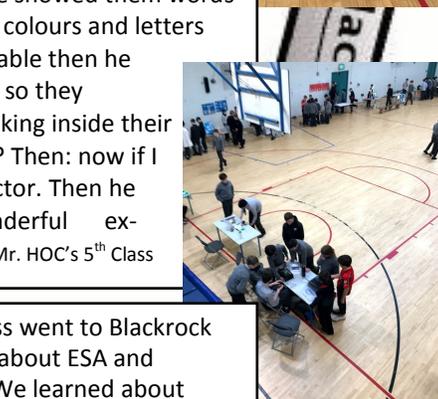
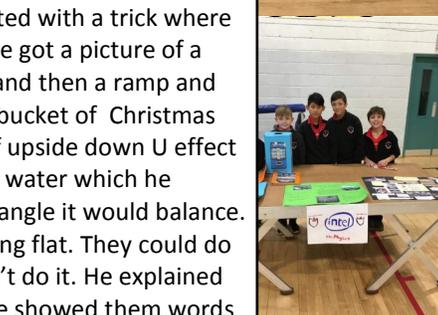
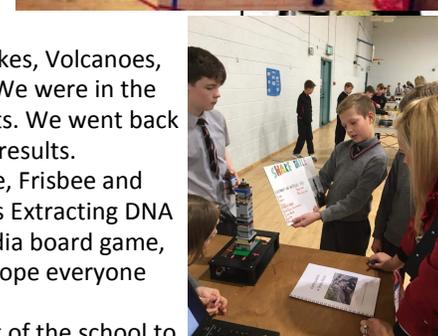
As a result of this great day, St. Anthony's were invited to host the Intel Mini Scientist Regional Finals held on the 6th of December. Nine other schools presented their winning projects to the judges. St Anthony's won the Regional Final and are now through to the All-Ireland Final which will be held in Dublin in 2019. By James Cotter and Ethan Wyse. 5th class

Science Show UCC

On November 16th all of 5th class went on a trip to UCC to see Matt Pritchard's Amazing Magic Science Show. At about 11 o' clock the boys went to get on the buses to UCC. When they arrived they had to wait in the corridor until Matt Pritchard was ready for us. He started with a trick where he had some rope and he appeared to stretch the rope. For his second trick he got a picture of a duck then turned it and it was a rabbit. For his next trick he had a round box and then a ramp and he rolled the box up and down without pushing it. For his next trick he had a bucket of Christmas beads and he took about 10 out and then they all came out, creating a sort of upside down U effect at the top of the bucket. Then he balanced a can of Coke on top of a bottle of water which he explained was done by having the can of Coke half full so if you tilted it at an angle it would balance. Then he got 2 volunteers to try an attempt to flip a match box when it was lying flat. They could do it for a while but then he put the Dog of Despair on the table and they couldn't do it. He explained that if the match box was on one side it couldn't flip and stay upright. Then he showed them words that were the same colour as the word but then it changed to being different colours and letters which was confusing. For his next trick he asked them if they were unpredictable then he asked them to name a vegetable and the majority of the audience said carrot so they obviously weren't that unpredictable. Then he explained what they were thinking inside their heads. The boys were thinking: wow that's so cool. Then: how did he do that? Then: now if I learn how to do it what can I do with it? He called this the wow, how, now factor. Then he ended his display thanking the boys for coming to watch. Overall it was a wonderful experience and the boys loved it. By Michael Scott, Gwion Brennan and Oscar McCarthy – Mr. HOC's 5th Class

Blackrock Observatory

On the 12th of November 3rd class went to Blackrock Castle to learn about science and to help celebrate Science Week. We learned about ESA and bepicolumbo. After that we played a game called 'Can You Save the World?'. We learned about sound waves and we experimented with sound where we rolled up a sheet a paper into a cone and we could use it to hear each other whispering 15 feet away. We also went into a dome and learned about different planets and stars. We talked about black holes, galaxies and dwarf planets. We had a great time in Blackrock Castle. By Dara, Leo, Seán, Thomás, Saoirse, Mithun and Ronan 3rd class Ms Heffernan.



Science Quiz Team

On Wednesday 14th of November St. Anthony's 4th class (Colm Rea, Mohammad Gul and Seán Ahern) and 6th class (Cormac Byrne, Theo Scully and Tadgh O'Connor) went to UCC to partake in the Lifetime Lab Primary School Science Quiz 2018. The 6th class did as well as they could but sadly did not come first or second in the 6th class competition but luckily the 4th class came first in their competition. They are the first 4th class from St. Anthony's to win and in the raffle they won a colour changing mug. The Lord Mayor and a scientist from the Lifetime lab were also there. The scientist did some experiments while the scores were being counted. He told us about liquid nitrogen and then started the experiments. He first brought out a basin of water (about 100C) and then poured liquid nitrogen (about -200C) into the basin, the result was a lot of steam erupting from the basin. Then he poured more liquid nitrogen into a bottle which he threw into two plastic bins filled with styrofoam pellets and waited for the bottle to pop/explode. It didn't initially explode, so he threw it down to the side of the stage. And then it exploded as Una Leader (the quizmaster) was coming up on stage, which was very funny. The Lord Mayor also said a few words and presented the prizes to the winners. It was overall a great night. By Cormac Byrne 6th Class, Colm Rea 4th Class



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Rea 4th Class

Sample Quiz Questions:

1. What gas was in the Zeppelin/Hindenburg airship when it blew up?
2. What speed is the Earth whizzing around in space? 1,000km/h, 10,000km/h, 100,000km/h, or 1,000,000km/h.
3. How many seconds are in an hour?
4. What chemical is the chemical symbol Na?

1. hydrogen 2. 100,000km/h, 3. 3600 4. sodium

Sciath na Scol Sports Quiz

On Wednesday 11th of December eight 6th class boys went to Rochestown Park Hotel to take part in the Sciath na Scol Sports Quiz 2018. Joe, Darragh, Seán and Sam were on one team, while Donnacha, David, Peter and Jimmy were on the other team. The first team came 4th and the second team came joint 8th. It was a long hour and a half with 10 rounds of 8 tough questions in each round. Cloghroe National School placed first with an outstanding score of 73/80. In one round we were asked to identify sports emojis as clues. Later we were shown pictures of famous sports people when they were young, with clues and had to name them. There was another round where we were shown pictures of trophies and had to name what competition that it was played for. By Donnacha Reddingotn and David O'Donnell 6th class



Sample Quiz Questions:

1. What are the Wicklow county colours?
2. Who was the captain for the 2018 winning Limerick All-Ireland Senior Hurling ?
3. Who are the reigning champions of the F.A. Cup?
4. How many medals did Ireland win in the 2016 Rio Olympics (a team = 1 medal)?

1. Blue and yellow
2. Declan Hannon
3. Chelsea F.C.
4. 2

4th class trip to UCC

On Wednesday October 3rd, 4th class were invited to go to UCC for a tour of the campus. When we got off the bus we went straight to the Quad which is in the centre of UCC. Then we went inside and got our robes. After that we went to the Aula Maxima. That is a hall with paintings of all the UCC presidents and a lot of old books. Next we went outside and learned about the tress and statues and the history of the building itself. Finally we gave back our robes and were awarded with certificates. Overall it was a great day at UCC. By Ryan Sheehy



Indoor Football

On the 28th of November 20 boys went to Little Island Sports Complex to play indoor football. The lucky players were drawn out of a hat to compete. We played four matches against two different schools. We also played against each other. We won three out of our four matches. When we were finished we went back to school. We had a great day. By Danny O'Donovan and Tomás Reddington 3rd class.



Parents' Association: Creating Memories

2018 has been a year of fun, innovation, success and some changes for the Parents Association. Margaret Walsh has taken the baton from Jill McAndrews as Secretary and Elaine Murphy steps into Niamh Foley's shoes as Chairperson. We would like to thank both Jill and Niamh for their unwavering commitment and leadership. Denise Mulcahy continues as Treasurer and for the first time we have elected a Compliance Officer, Caroline Van Apeldoorn, to monitor GDPR on our behalf. Lead by our Project Leads since September we have run Junior Infants Coffee morning, PA AGM, Pre-Loved Uniform Sale, Staff Appreciation Morning and provided hot refreshments at Ger Brick's Internet Safety talk. We will finish the year with the annual SVP Giving Tree Project and a little surprise VIP Guest from the North Pole will visit our Junior and Senior Infant classes.

This work would not be possible without your continued support and in particular we thank our dedicated class reps and willing volunteers. We wish you and your families a very Happy and Peaceful Christmas and look forward to plenty more fun and exciting things to come in 2019.



Christmas Quote from Dr. Seuss

"And the Grinch, with his Grinch-feet ice cold in the snow, stood puzzling and puzzling, how could it be so? It came without ribbons. It came without tags. It came without packages, boxes or bags. And he puzzled and puzzled 'till his puzzler was sore. Then the Grinch thought of something he hadn't before. What if Christmas, he thought, doesn't come from a store? What if Christmas, perhaps, means a little bit more?"

Some photos of the year so far.....



CHRISTMAS TIME

